

Institute for the Study of Human Awareness, Inc.

PUBLICATIONS

Anatomy of Consciousness by *Ishwar Puri*(leather cover) **\$40.00**

.....(leatherette cover) **\$20.00**

“Going through the book from cover to cover one feels like being on an odyssey through the various stages of human consciousness. It is indeed a discovery - the discovery that the level of knowledge can be much higher than what exists within the reach of human mind.”

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An examination of the phenomena of love and it's relationship to the function of the human mind.

Know Thyself by *Ishwar Puri* **\$3.00**

An exploration of the levels of human consciousness and of the varieties of conscious experiences.

Human Consciousness: The Hey to Higher Knowledge by *Ishwar Puri* **\$5.00**

An examination of the human consciousness and the role in attaining knowledge of reality.

Journey to Totality by *Ishwar Puri* **\$6.00**

A detailed discussion of human awareness, intellect, higher consciousness, and spirituality.

Go Within by *Ishwar Puri* **\$6.00**

A comprehensive description of physical and mental experience, meditation, human awareness and spiritual development.

New Age – Old Path by *Ishwar Puri* **\$3.00**

A comparative examination of human intellect, the soul, human consciousness and religious traditions.

Spirituality and Total Health by *Ishwar Puri* **\$2.00**

A detailed examination of the relationship between the human body system, nutrition, and the evolution of the physical and the spiritual man.

The Healing Arts by *Ishwar Puri* **\$3.00**

A treatise of medical philosophies and practices as related to human consciousness, spirituality, and the human life force. Includes an examination of both traditional and contemporary healing practices.

Photo Poems by *Ed Scott* **\$5.95**

A collection of full-color nature photographs accompanied by poetic and philosophic verse.

Cooking with Love by *Ruth Thompson* **\$9.95**

A collection of lacto-vegetarian recipes designed to aid in the transition to vegetarianism.

Beauty and Truth by *Ed Scott* **\$15.00**

A collection of quotes and full-color pictures of Ishwar Puri.